



Light Of Solstice

Goddess Mini Deck Guidebook
[@lightofsolstice](https://www.instagram.com/lightofsolstice)

Goddess Card Mini Deck

Connect to the energies of the Goddess with this mini deck. Using the most popular representations of her, align yourself with her wisdom and energies to heal and approach your spiritual practice from a new perspective.

Use the cards as part of your altar, for meditation, or as a quick energy connection for the day. Be creative in their use!

Deck cleanse and activate

There are several ways that people cleanse and activate their decks. Ultimately, if you already have a way that feels right to you, keep doing that! There is no right or wrong way, just a way that is right for you.

One way of cleansing, which is quick and can be done at the beginning of each use, is to hold the cards in your non-dominant hand. With your dominant hand, simply knock once on the back of the cards, as if you're knocking the negative and stagnant energy from the deck.

Another way is to have the cards together, and place a cleansed and charged quartz crystal on top, with the intention that the crystal will cleanse the deck and charge it. This can be done in the evening, and left overnight.

When your cards are cleansed and you're ready, it's time to activate them and make a connection to them. Have a good look at the cards, and when you're ready, hold them together in front of your heart, and say (either out loud or in your mind)

*To the Goddess, I make a connection
to these cards so that your love, support and guidance
can assist me on my spiritual journey.
I thank you for your never ending support, messages,
abundance and blessings.
Blessed be.*

You can use the cards straight away, or if you would like to enhance the connection, I recommend placing all the cards under your pillow, and leaving them there for 5 nights. I did this with an oracle deck that even though I loved the artwork and what it was about, I just didn't feel connected with it. By the end of the week I felt much more in tune and able to give more accurate readings.

Using the cards

There are a few uses for the cards, but feel creative in how they can help you connect to the goddess energy. Some ideas for them are :

- As part of your altar. Use them as artwork for your altar, and use the triple moon cards to represent the moon phases to enhance the connection.
- For meditation. Either select a card with the energy you would like to connect with, or shuffle them and pull one at random.
- For daily support. By shuffling the cards and asking “what goddess energy will help me today?”

Sit with the card for a short while and use your intuition for what guidance it would like you to know. You can also read the meanings below to help you tune in.

Card Messages



Maiden

She's full of life, carefree and playful. The Maiden represents discovery, exploration, beauty and creativity. Just like the waxing moon, she is the beginning of potential, for growth.

The Maiden is our innocence, our youth and curiosity. With her, we can find our playfulness, have a lighter outlook on life and find the beauty not just around us, but in ourselves. She can encourage us to start new projects, to express ourselves through creativity, and have the self confidence to experience new things

in life.

Mother

The Mother is the life - giver, nurturer and manifester. She is a creator, abundant and is the fullness of life.

With the Mother, we can bring our creativity into action, give 'birth' to our long term projects and goals that we have carefully nurtured into reality. She can show us how to enjoy life, to feel abundant in our existence and the importance of unconditional love. Just like when the moon is full, the Mother encompasses an energy and time when everything is blooming.



Crone

The Crone is a wise woman, representing endings but also rebirth and transformation.

She is in touch with her intuition and known as a healer and offers guidance. With her, we can turn inward to seek guidance from our Higher Self, we can reflect and find our own wisdom. In the way that the abundance of the Earth dies in Winter, the seeds of life grow beneath the surface, ready to be re-born in the Spring. We can plant our seeds of transformation and reap our efforts in months to come.



Gaia

Gaia, or Mother Earth, is the soul of the Earth. She is a goddess who gives us life and nourishment. Gaia gives us our home, nurtures us with beautiful landscapes to help us spiritually heal, and provides a wealth of nutritious food to care and energise our bodies. With Gaia, we can become more connected to the Earth and more grounded, we can realise how abundant we are and become a creator too. Through her, we can find our inner peace and how we are all one.



Divine Feminine

The Divine Feminine is the female side of the energetic balance of masculine and feminine. She is the nurturing, intuitive and empathetic energy. With the Divine Feminine, we can find our community, be creative and be in touch with our sensuality. We can understand and accept our power and worth of who we are, for the Divine Feminine is also strong and can help us form healthy boundaries. Through her we can also accept the ebb and flow of our emotions, and find our compassionate and peaceful side.



